



Family-Engaged Developmental Screening and Ongoing Monitoring Program

GETTING TO KNOW YOUR CHILD

The first steps in our center getting to know your child's strengths and opportunities to grow are Developmental Screening and Monitoring.

We depend on your expertise on your little one. You know how your child plays, learns, speaks, acts, and moves at home and in settings outside of our center. That is why parents of children in our center complete the **Ages and Stages Questionnaires® (ASQ-3® and ASQ:SE-2®)** screens online. Each screen takes about 10-15 minutes.

Your unique perspective on how your child behaves and performs skills will allow us to plan for giving your child the best support to succeed.

WHY IS SCREENING IMPORTANT?

The emphasis of screening is really on what your child "CAN" do, so we can celebrate them as they grow and develop.

All children develop differently. The process of screening shows the appropriate milestones to work towards with your child and gives us an idea of what we should expect at their age.

The information we get from the screens allow you and our staff to work as a team and practice activities to support your child's ongoing development. If we discover a potential challenge, we will work together on a plan of action.

WHAT IS THE ASQ® EXACTLY?

The **ASQ®** screens are sets of valid, reliable, and age-appropriate questionnaires that are completed by you for children ages 2 months to 6 years.

There are two screens in the **ASQ®** family:

ASQ-3® which looks at the following key areas of early development:

- **COMMUNICATION** - Your child's language skills, both what your child understands and what he or she can say.
- **GROSS MOTOR** - How your child uses their arms and legs and other large muscles for sitting, crawling, walking, running, and other activities.
- **FINE MOTOR** - Your child's hand and finger movement and coordination.
- **PROBLEM SOLVING** - How your child plays with toys and solves problems.
- **PERSONAL-SOCIAL** - Your child's self-help skills and interactions with others.

ASQ:SE-2® which focuses on seven areas of social-emotional development:

- **AUTONOMY** – Your child’s ability/willingness to self-initiate or respond without guidance (moving to independence).
- **COMPLIANCE** – Your child’s ability/willingness to conform to the direction of others and follow rules.
- **ADAPTIVE FUNCTIONING** – Your child’s success/ability to cope with bodily needs (sleeping, eating, toileting, safety).
- **SELF-REGULATION** – Your child’s ability/willingness to calm or settle down or adjust to physical or environmental conditions or stimulations.
- **AFFECT** – Your child’s ability/willingness to demonstrate their own feelings and empathy for others.
- **INTERACTIONS** – Your child’s ability/willingness to respond to or initiate social responses with parents, other adults, and peers.
- **SOCIAL-COMMUNICATION** – Your child’s ability/willingness to interact with others by responding or initiating verbal or nonverbal signals to indicate interests, needs, or feelings.

HOW DOES IT WORK?

You sign a consent form which allows us to receive and review screening questionnaires you complete for your child online. You will go to this secure link _____ . You can access the online screening questionnaire from your home computer or your phone. You may also use a computer at our center if that is more convenient.

Your answers are based on what your child does now. We all know that children change so quickly, but we just want to see where they are now.

Once you click ‘submit’ the results will go directly into our center’s database and we will share those results with you.

To promote your child’s ongoing development, we will share learning activities with you and our staff after each screen. This ensures that we are all working together!

WHY DO ONGOING MONITORING BETWEEN SCREENS?

You and our staff will be given “Learn the Signs. Act Early.” materials to use between screens. This allows us to check on your child’s developmental progress in between screens.

We also highly recommend that you download the free *Milestone Tracker* app. This is a fun way to track your child’s milestones, get fun and easy activities for birth-5 years, and learn when to act early. You can get the app at the QR code shown here or at www.cdc.gov/MilestoneTracker .

