

# TIPS for Integrating “Learn the Signs. Act Early.” Materials

Here is a list of suggestions to choose from as you get started.

## Kentucky Watch Me! Celebrating Milestones and Sharing Concerns

- Complete this online training course which provides tools and best practices for monitoring the development of children and talking about it with parents.  
<https://www.hdilearning.org/courses/ky-watch-me-celebrating-milestones-and-sharing-concerns/>  
(1 early care & education clock hour in ECE-TRIS)

## CDC’s FREE Milestone Tracker App for tech-savvy families!



- Encourage parents to download the app and use it to monitor their child’s development.
- Post a link to the Milestone Tracker webpage on your organization’s website.
- Post a Milestone Tracker flyer in your classroom or your center’s front lobby.

OR

## Developmental Milestone Checklists for families preferring paper and pen!



- Print a checklist for each child upon enrollment; routinely update their checklist with the milestones they have achieved.
- Share a checklist with each child’s family. Encourage them to practice the activities to increase awareness of appropriate developmental milestones.
- Review the latest checklists at every parent/teacher conference to celebrate successes and discuss any concerns.

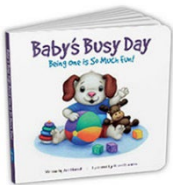
## Milestone Moments Booklet (if CDC has in stock)

- Provide a copy to every family when their child enrolls; encourage families to use it at home.
- Promote the suggested family activities from the booklet in your monthly newsletter or on social media.

## Milestones Brochure

- Laminate a copy and post it to the bulletin board outside your classroom.
- Include copies of the brochure in the parent resource center and in the lobby.
- Post a link to the brochure on your center’s website.

## Children’s Storybooks (available in English and Spanish):



***Baby’s Busy Day: Being One is So Much Fun!***  
***Where is Bear? A Terrific Tale for 2-Year-Olds***  
***Amazing Me: It’s Busy Being 3!***

- Order a copy for the classroom and incorporate it into reading time.
- Give a copy to families on the child’s birthday to help encourage reading to their child and to promote language development.

Plan a parent education night to share these materials and information about developmental milestones.